Being a thankful person

作個感恩的人

1 Thessalonians 5:16 – 18

帖撒羅尼迦前書 5:16-18

Introduction: Gratitude - The key to a wonderful life

引言: 感恩-美好生命的訣要

Body

- (I)Cultivate the habit of gratitude
 - (A) Practice giving thanks regularly
 - (B) Practice say thanks to people
 - (C) Look back at life and count the blessings
- (II) Constant practice to give thanks in all circumstances
 - (A) When all is well.

Conclusion:

- (B) When we are in adversity
- (III) Gain the power of gratitude from experience

May we not only be grateful on Thanksgiving, but be grateful every day, and be grateful for everything to live our beautiful and splendid life and become a blessing to many people.

本論:

- (I) 培養感恩的習慣
 - (A) 操練日常感恩
 - (B) 操練向人說謝謝
 - (C) 回顧人生,數主恩典
- (II) 習練凡事謝恩
 - (A) 在順境中
 - (B) 在逆境中
- (III) 從經歷中獲得感恩的力量

結論:

願我們不要只在感恩節感恩而是天天感恩、凡事感恩做個感恩的人來活出我們美好燦爛的生命成為多人的祝福。