

你2022的新年立志

Your New Year Resolutions for 2022

引言：歡喜快樂地迎接2022年

Introduction:

Welcome 2022 with Joy

## 一個蒙福與祝福的人生：

1. 神是愛、祂愛我，神是好、祂對我好。
2. 在基督裡，我具備足夠的好、  
且能活出自己的美好與燦爛。
3. 在愛裡，藉著彰顯神的恩典與榮耀，  
我能歡歡喜喜地成為別人的祝福。

## A blessed life that blesses others:

1. God is love, He loves me, God is good, He is good to me.
2. In Christ, I have enough good in my life  
and can live out my beauty and brilliance.
3. In love, I can joyfully be a blessing to others  
through revealing the grace and glory of God.

**(I) 你人生追求甚麼？**

What is the pursuit of your life?

1. 有意義與目的的人生

**A Life with Meaning and Purpose**

2. 有成功的人生

**A Life with Success**

3. 有幸福的人生

**A Life with Happiness**

(I) 你人生追求甚麼？ What is the pursuit of your life?

A. 意義與目的？

Meaning and Purpose?

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A. 意義與目的？ Meaning and Purpose?

a. 意義：愛

Meaning : Love

# (I) 你人生追求甚麼？ What is the pursuit of your life?

## A. 意義與目的？ Meaning and Purpose?

a. 意義：愛

Meaning : Love

b. 目的：行善

Purpose : Do good works



我們原是他的工作，在基督耶穌裡造成的，  
為要叫我們**行善**，就是神所預備叫我們行的。

For we are God's handiwork,  
created in Christ Jesus to **do good works**,  
which God prepared in advance for us to do.

以弗所書 Ephesians 2: 10

# (I) 你人生追求甚麼？ What is the pursuit of your life?

A. 意義與目的？ Meaning and Purpose?

a. 意義 Meaning：愛 Love

b. 目的 Purpose：行善 Do good works

B. 成功？ Success?

成功的定義：

知道自己已盡力的做到自己的最好。

**Definition of Success:**

**Knowing that you have done your best.**

我們原是他的工作，在基督耶穌裡造成的，  
為要叫我們**行善**，就是神所預備叫我們行的。

For we are God's handiwork,  
created in Christ Jesus to **do good works**,  
which God prepared in advance for us to do.

以弗所書 Ephesians 2: 10

成功的定義：

完成了神為我們預備的善事，

**Definition of Success:**

**Completion of good works, which  
God prepared in advance for us to do.**

# (I) 你人生追求甚麼？ What is the pursuit of your life?

A. 意義與目的？ Meaning and Purpose?

a. 意義 Meaning：愛 Love

b. 目的 Purpose：行善 Do good works

B. 成功？ Success?

C. 幸福？ Happiness?

12 我知道，世人莫強如終身喜樂、行善。  
13 並且人人吃喝，在他一切勞碌中享福，  
這也是神的恩賜。

12 I know that there is nothing better for people than to **be happy** and to **do good** while they live.  
13 That each of them may eat and drink, and find satisfaction in all their toil—this is the gift of God.

傳道書 Ecclesiastes 3:12-13

16 要常常喜樂，

17 不住地禱告，

18 凡事謝恩，

因為這是神在基督耶穌裡向你們所定的旨意。

16 Rejoice always,

17 pray continually,

18 give thanks in all circumstances;

for this is God's will for you in Christ Jesus.

帖撒羅尼迦前書1 Thessalonians 5:16-18



## (II) 擬定新年立志

Set your New Year Resolutions

## (II) 擬定新年立志 (II) Set your New Year Resolutions

1. 身 Body

2. 心 Mind

3. 靈 Spirit

## (II) 擬定新年立志 (II) Set your New Year Resolutions

### 1. 身 Body

## (II) 擬定新年立志 (II) Set your New Year Resolutions

### 1. 身 Body

### 2. 心 Mind

a) 心情 Emotions

b) 人際關係 Relationships

c) 錢財/職業/事業 Finances/Career/Business

## (II) 擬定新年立志 (II) Set your New Year Resolutions

### 1. 身 Body

### 2. 心 Mind

a) 心情 Emotions

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### 3. 靈 Spirit

### (III) 制定計劃以實現你的新年立志

Make plan to achieve your New Year Resolutions