

有個好的開始

Having a great start

引言：

什麼是你人生的目標？

Introduction:

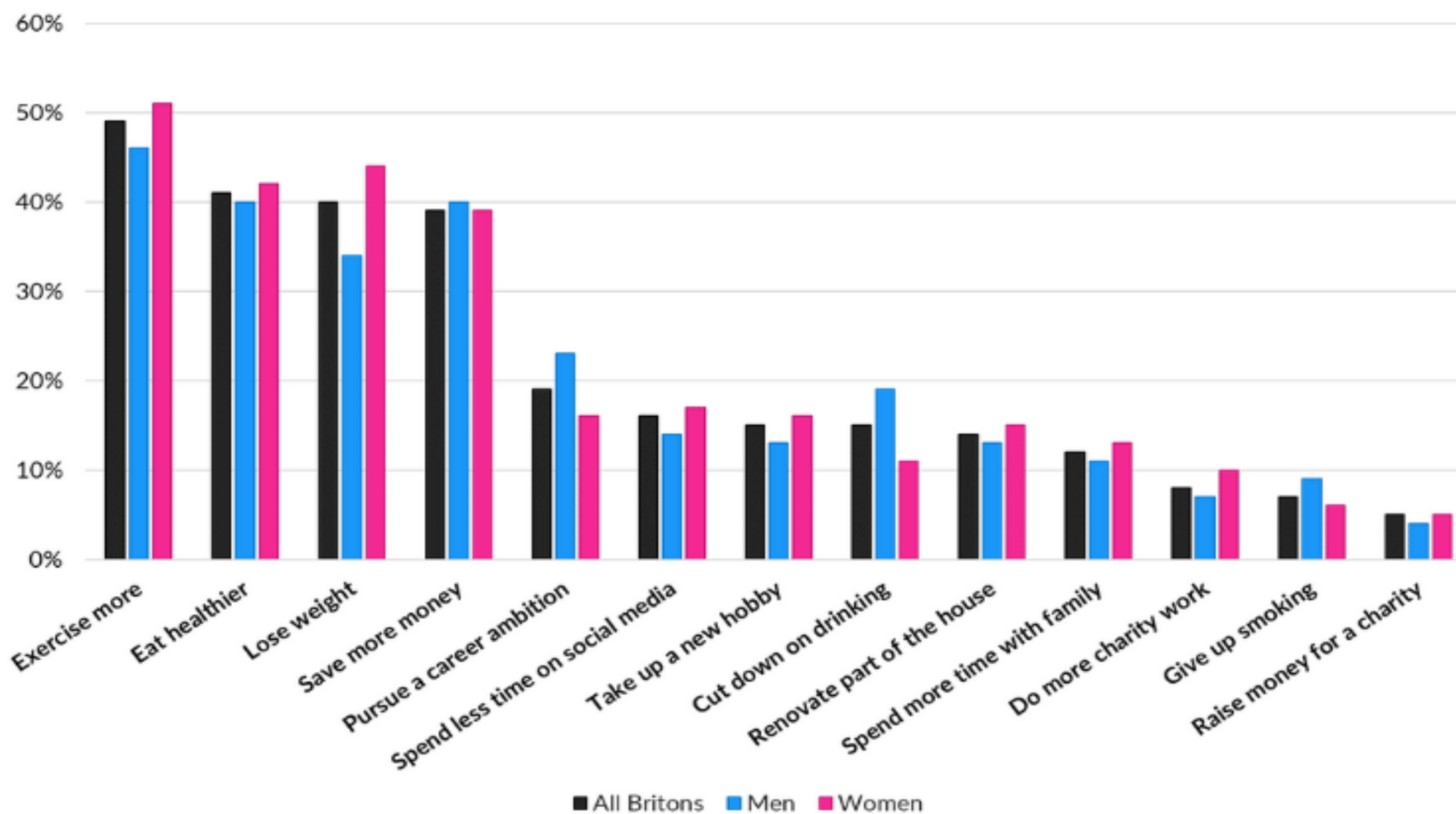
What are your goals in life?

How many people make New Year's resolutions?



<https://insideoutmastery.com/new-years-resolution-statistics/>

Most common New Year's resolutions



(一) 神的旨意 God's will

神的旨意 God's will

(A) 我們當有的目標

The goals we should have

神的旨意 God's will

(A) 我們當有的目標

The goals we should have

(B) 我們當有的生活方式

The way we should live

¹⁶ 要常常喜樂， ¹⁷ 不住地禱告， ¹⁸ 凡事謝恩，
因為這是神在基督耶穌裡向你們所定的旨意。

¹⁶ Rejoice always, ¹⁷ pray continually, ¹⁸ give thanks in all
circumstances; for this is God's will for you in Christ Jesus.

帖撒羅尼迦前書 1 Thessalonians 5:16-18

常常喜樂 Rejoice always

又對他們說：「你們去吃肥美的，喝甘甜的，有不能預備的就分給他，因為今日是我們主的聖日。你們不要憂愁，**因靠耶和華而得的喜樂是你們的力量。**」

Nehemiah said, “Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, **for the joy of the LORD is your strength.**”

尼希米記 Nehemiah 8:10

不住地禱告 pray continually

⁴ 你們要常在我裡面，我也常在你們裡面。枝子若不常在葡萄樹上，自己就不能結果子；你們若不常在我裡面，也是這樣。⁵ 我是葡萄樹，你們是枝子。**常在我裡面的，我也常在他裡面，這人就多結果子；因為離了我，你們就不能做什麼。**

⁴ Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. ⁵ “I am the vine; you are the branches. **If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.**

約翰福音 John 15:4-5

凡事謝恩 give thanks in all circumstances;

我們曉得萬事都互相效力，叫愛神的人得益處，
就是按他旨意被召的人。

And we know that **in all things God works for the good of those who love him**, who have been called according to his purpose.

羅馬書 Romans 8:28

(二)

神的指示

God's instruction

神的指示 God's instruction

(A) 讓贊美走在前頭
Let praises come first

按著軍隊**首先往前行的**、是猶大營的**纛**、統領軍隊的、是亞米拿達的兒子拿順。

The divisions of the camp **of Judah went first, under their standard**. Nahshon son of Amminadab was in command.

民數記 Numbers 10:14



約書亞死後，以色列人求問耶和華說：「我們中間誰當**首**
先上去攻擊迦南人，與他們爭戰？」² 耶和華說：「猶大
當先上去，我已將那地交在他手中。」

After the death of Joshua, the Israelites asked the Lord, “Who of us is to **go up first** to fight against the Canaanites?”² The Lord answered, “**Judah shall go up; I have given the land into their hands.**”

士師記 Judges 1:1-2

她又懷孕生子，說：「**這回我要讚美耶和華。**」因此給他**起名叫猶大。**這才停了生育。

She conceived again, and when she gave birth to a son she said, “**This time I will praise the Lord.**” So she named him **Judah.** Then she stopped having children.

創世記 Genesis 29:35

神的指示 God's instruction

(A) 讓讚美走在前頭

Let praises come first

(B) 成為多人的祝福

Be a blessing to many

耶和華對亞伯蘭說：「你要離開本地、本族、父家，往我所要指示你的地去。²我必叫你成為大國，我必賜福給你，叫你的名為大，你也要叫別人得福。³為你祝福的，我必賜福於他；那咒詛你的，我必咒詛他。**地上的萬族都要因你得福。**」

The LORD had said to Abram, “Go from your country, your people and your father’s household to the land I will show you. ²“I will make you into a great nation, and I will bless you; I will make your name great, and you will be a blessing. ³I will bless those who bless you, and whoever curses you I will curse; and **all peoples on earth will be blessed through you.**”

創世記 Genesis 12:1-3

⁸ 你們得救是本乎恩，也因著信。這並不是出於自己，乃是神所賜的； ⁹ 也不是出於行為，免得有人自誇。 ¹⁰ **我們原是他的工作，在基督耶穌裡造成的，為要叫我們行善，就是神所預備叫我們行的。**

⁸ For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— ⁹ not by works, so that no one can boast. ¹⁰ **For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.**

以弗所書 Ephesians 2:8-10

(三) 當如何行？

What should we do?

當如何行 What should we do?

(A) 學會並習練在喜樂中感謝贊美神

Learn and practice to thank and praise God in joy

³ 他們當稱讚他大而可畏的名，他本為聖。⁴ 王有能力，喜愛公平，堅立公正，在雅各中施行公平和公義。

³ Let them praise your great and awesome name—he is **holy**.
⁴ The King is **mighty**, he **loves justice**—you **have established equity**; in Jacob you **have done what is just and right**.

詩篇 Psalm 99:3-4

願頌讚歸於我們主耶穌基督的父神！他曾照自己的**大憐憫**，
藉著耶穌基督**從死裡復活**，**重生了我們**，叫我們有**活潑的盼望**，

Praise be to the God and Father of our Lord Jesus Christ! In
his **great mercy**, he has **given us new birth into a living
hope** through **the resurrection** of Jesus Christ from the dead,

彼得前書 1 Peter 1:3

我因你**公義的典章**，一天七次讚美你。

Seven times a day I praise you for your **righteous laws**.

詩篇 Psalm 119:164

當如何行 What should we do?

(A) 學會並習練在喜樂中感謝贊美神

Learn and practice to thank and praise God in joy

(B) 安排時間計劃生活

Schedule time to plan life

Weekly Calendar

January 1, 2023 - January 7, 2023

	Sunday Jan 1	Monday Jan 2	Tuesday Jan 3	Wednesday Jan 4	Thursday Jan 5	Friday Jan 6	Saturday Jan 7
5 AM							
6 AM							
7 AM							
9 AM							
10 AM							
12 AM							
1 PM							
3 PM							
5 PM							
6 PM							
8 PM							
10 PM							
11 PM							



以馬內利華人基督教會－靈修心得

(詩篇 1~2 篇, 路加福音 1~9 章, 箴言 1 章) 01/01/23 - 01/07/23

☐ 主日信息回應與禱告: _____

☐ Sunday: 詩篇 1-2 _____

☐ Monday: 路加福音 1 _____

☐ Tuesday: 路加福音 2-3 _____

☐ Wednesday: 路加福音 4-5 _____

☐ Thursday: 路加福音 6-7 _____

☐ Friday: 路加福音 8-9 _____

☐ Saturday: 箴言 1 _____

☐ 向一人分享主日信息“有個好的開始”並為他代禱: 姓名 _____

☐ 向一人分享你的靈修心得並為他代禱: 姓名 _____

☐ 背經 詩篇 1:1-3

讀經及聽道心得: 1. 學到什麼新知識 2. 什麼命令要順服 3. 什麼榜樣當效法

4. 什麼罪過當棄絕 5. 什麼錯誤當防犯 6. 什麼應許可支取 7. 什麼是神的旨意

8. 對神新的認識 9. 什麼心志當立定 10. 如何行所學之道

Emmanuel Chinese Christian Church – Devotional Journal

(Psalms 1-2, Luke 1-9, Proverb 1)

01/01/23 - 01/07/23

☐ Sunday message response and prayer: _____

☐ Sunday: Psalms 1-2 _____

☐ Monday: Luke 1 _____

☐ Tuesday: Luke 2-3 _____

☐ Wednesday: Luke 4-5 _____

☐ Thursday: Luke 6-7 _____

☐ Friday: Luke 8-9 _____

☐ Saturday: Proverb 1 _____

☐ Share the Sunday message with one person and pray for him: name _____

☐ Share your "Devotional Journal" with one person and pray for him: name _____

☐ Memory Scripture: Psalms 1:1-3

Reflection on Bible Reading and Sunday message

(1) What knowledge we can learn (2) What commands should be obeyed (3) What example should be imitated

(4) What sin should be renounced (5) What mistake should be guarded against

(6) What promise we can take (7) What is the will of God (8) What new understanding of God do you have

(9) What aspiration should be established (10) How can you apply what you have learned

結論：

願上帝幫助我們不僅為新的一年有新的立志，而且為我們未來的生命也有新的立志。在上帝的恩典和聖靈的大能下活出美好的生活，讓我們不僅享受上帝給我們的豐盛的生命，而且彰顯神的恩典與榮耀，成為別人的祝福。

Conclusion:

May God help us to have new resolutions not only for the New Year but also for our future lives. Living a good life under the grace of God and the power of the Holy Spirit not only allows us to enjoy the abundant life God has given us but also manifests God's grace and glory, and becomes a blessing to others.