

## 充滿希望的哀悼

耶利米哀歌 3:21-24

Pastor Matthew Lau

(一) 苦難會讓我們感到絕望

(二) 苦難永遠無法帶走我們真正的希望

(三) 希望在我們的苦難中帶來恢復和更新

分享與討論：

1. 今天的信息最讓你印象深刻的是什麼？為什麼？
2. 你對處理痛苦的本能反應是什麼？為什麼？
3. 你怎麼覺得我們被鼓勵向神哀嘆？
4. 你的收穫是什麼？它將如何成為你未來的用途？

## A Lament of Hope

Lamentations 3:21-24

Pastor Matthew Lau

(I) Suffering can leave us feeling hopeless

(II) Suffering can never take away our true hope

(III) Hope brings about restoration and renewal in the midst of our suffering

Share and Discussion:

1. What struck you most about the message today and why?
2. What is your instinctive response to handling suffering and why?
3. How does it make you feel that we are encouraged to lament to God?
4. What is your takeaway and how might it lead to an application moving forward?