

## 饒恕的真理與實踐

以弗所書 4:32

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引言：為什麼饒恕對基督徒至關重要

(一) 什麼是饒恕？

(A) 舊約中的饒恕基礎

(B) 新約中的成全與深化

(二) 為甚麼基督徒必須饒恕？

(A) 遵行主耶穌的教訓

(B) 反映神的屬性

(C) 帶來屬靈生命的自由與成長

(三) 當如何行？

(A) 情願吃虧、情願受欺

(B) 按步驟處理人際衝突

(C) 信靠順服、交托給神

結論：饒恕的呼召

分享與討論

- 1) 饒恕是基督徒信仰的核心嗎？你在哪些方面覺得困難？
- 2) 你現在是否有難以饒恕的人？你願意怎樣開始邁出一步？
- 3) 當覺得不公平時，你是否願意交托給神？這對你有何挑戰？
- 4) 耶穌饒恕了你，你願意活出饒恕的生命嗎？有何行動計劃？

## The Truth and Practice of Forgiveness

Ephesians 4:32

Rev. Albert Li

Introduction: Why forgiveness is vital to Christians

(I) What Is Forgiveness?

(A) The foundations of forgiveness in the OT

(B) Fulfillment and deepening of forgiveness in the NT

(II) Why Must Christians Forgive?

(A) Obey the teachings of Jesus

(B) Reflect God's character

(C) Bring spiritual freedom and growth

(III) How Should We Respond?

(A) Be willing to be cheated and be wronged

(B) Address conflicts step by step

(C) Trust, obey, and surrender to God

Conclusion: The Call to Forgive

Sharing & Discussion

- 1) Is forgiveness central to our faith? What makes it hard?
- 2) Is there someone you're struggling to forgive? What step could you take?
- 3) When things feel unfair, can you trust God with it? What's challenging?
- 4) Jesus forgave you—will you live a forgiving life? What's your next move?