Suffering Unalone In The Church

10/25/2026 – 1 PETER 5:1-11

EMMANUEL CHINESE CHRISTIAN CHURCH

Suffering Unalone In The Church

- We suffer unalone because God gives shepherd leaders
- We suffer unalone when we exercise humility
- We suffer unalone by having the right mind
- We suffer unalone with God's everlasting support

1 Peter 5:1-5

1 To the elders among you, I appeal as a fellow elder and a witness of
Christ's sufferings who also will share in the glory to be revealed: 2 Be
shepherds of God's flock that is under your care, watching over
them—not because you must, but because you are willing, as God
wants you to be; not pursuing dishonest gain, but eager to serve;
3 not lording it over those entrusted to you, but being examples to the
flock. 4 And when the Chief Shepherd appears, you will receive the
crown of glory that will never fade away.

5 In the same way, you who are younger, submit yourselves to your
elders. All of you, clothe yourselves with humility toward one another,
because,

"God opposes the proud
but shows favor to the humble."

1 Peter 5:6-11

6 Humble yourselves, therefore, under God's mighty hand, that he
may lift you up in due time. 7 Cast all your anxiety on him because he
cares for you.

8 Be alert and of sober mind. Your enemy the devil prowls around like
a roaring lion looking for someone to devour. 9 Resist him, standing
firm in the faith, because you know that the family of believers
throughout the world is undergoing the same kind of sufferings.

10 And the God of all grace, who called you to his eternal glory in
Christ, after you have suffered a little while, will himself restore you
and make you strong, firm and steadfast. 11 To him be the power for
ever and ever. Amen.

We Suffer Unalone Because God Gives Shepherd Leaders

2026 ELECTION DAY

NOVEMBER 3, 2026

1 Peter 5:1-4

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and a witness of Christ's sufferings who also will share
in the glory to be revealed: 2 Be shepherds of God's
flock that is under your care, watching over them—
not because you must, but because you are willing,
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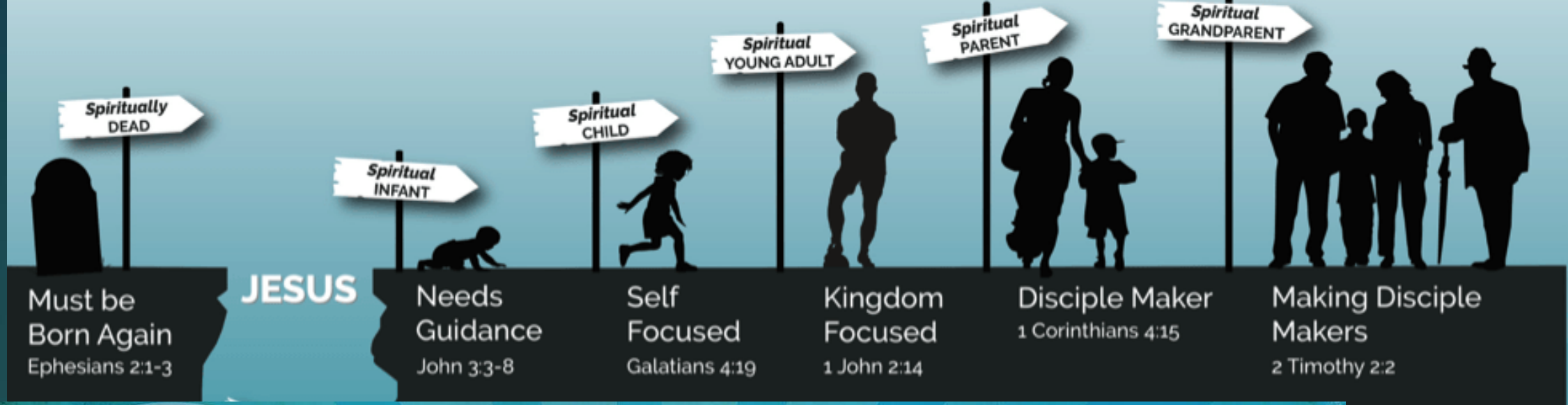

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But we all start from somewhere …

We Suffer Unalone When We Exercise Humility

1 Peter 5:5-7

5 In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because,

"God opposes the proud
but shows favor to the humble."

6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you.

PRIDE

Focuses on others failures.

Self righteous, overly critical, and fault finding.

Looks at their life through a telescope but others with a microscope.

Looks down on those who aren't as 'spiritual' or 'committed' as they are.

Thinks they know who is truly proud and truly humble.

Thinks everyone is privileged to have them involved.

HUMILITY

Realizes how far they fall short and have overwhelming sense of their need to grow.

Compassionate and forgiving.

Looks for the best in others.

Seeks to win people, not arguments.

Realizes only God knows a persons true motives.

Leaves the judgement of the heart in God's hands.

Thinks they don't deserve the opportunities that God gives them.

1 Peter 5:5-7

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yourselves to your elders. All of you, clothe yourselves
with humility toward one another, because,

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A Practical Guide to Casting Your Anxiety on God

TRUE HUMILITY IS:

- **H** onoring God above yourself
- **U** nderstanding your need for grace
- **M** ourning over your sin
- **I** lluminating God's glory
- **L** ooking for ways to serve others
- **I** gnoring your pride + Satan's lies
- **T** rusting God's plan over your own
- **Y** earning to worship

Learn more at:
WWW.LIVINGFREEINDEED.COM

scriptureriver.com

Why Is It So Hard to "Cast" Your Anxiety on God?

Exploring the three core psychological and spiritual reasons why the biblical command to cast anxiety on God is so difficult to practice.

We Suffer Unalone By Having The Right Mind

1 Peter 5:6-11

8 Be alert and of sober mind. Your enemy the devil
prowls around like a roaring lion looking for someone
to devour. 9 Resist him, standing firm in the faith,
because you know that the family of believers
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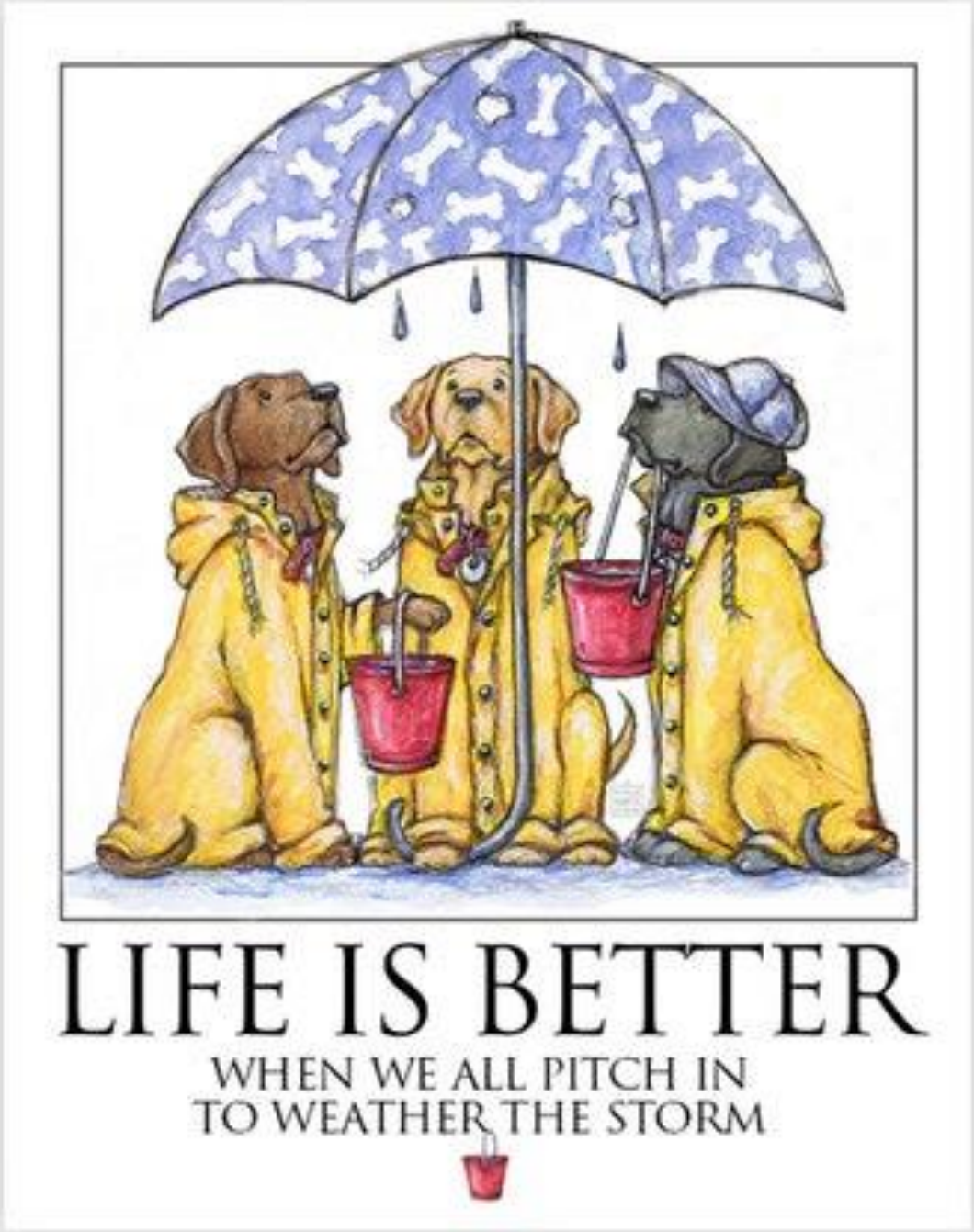
LIFE IS BETTER
WHEN WE ALL PITCH IN
TO WEATHER THE STORM

We Suffer Unalone With God's Everlasting Support

1 Peter 5:10-11

10 And the God of all grace, who called you to his
eternal glory in Christ, after you have suffered a little
while, will himself restore you and make you strong,
firm and steadfast. 11 To him be the power for ever
and ever. Amen.

"Kintsugi does not just 'fix' or repair a broken vessel; rather, the technique makes the broken pottery even more beautiful than the original… The Christian gospel, or the Good News, begins with the awareness of our brokenness... Christ came not to 'fix' us, not just to restore, but to make us a new creation." — Makoto Fujimura

Conclusion

Benediction

24 “‘“The Lord bless you and keep you;
25 the Lord make his face shine on you and be gracious to you;
26 the Lord turn his face toward you and give you peace.”’